

**SASHA LICKLE**

## Bahama Bound

PALM BEACHER SASHA LICKLE'S HOME AWAY FROM HOME IS ON HER FAMILY'S 38-FOOT BOBBY GRAVES SPORTFISH BOAT IN THE BAHAMAS, WHICH SHE HAS BEEN VISITING SINCE SHE WAS A BABY. WHILE THE LICKLES ARE AVID DIVERS, SPEAR FISHERMEN AND ANGLERS, SASHA ALSO TOOK AN INTEREST IN SHELL COLLECTING, WHICH INSPIRED HER TO LAUNCH SASHA LICKLE DESIGNS, A LINE OF HANDMADE JEWELRY CRAFTED FROM BAHAMIAN SHELLS. MORE THAN ANYTHING, THOUGH, SASHA LOVES FREQUENTING THE ISLANDS TO ENJOY THE STRESS-FREE, BAHAMIAN WAY OF LIFE AND SENSE OF COMMUNITY.



**VIBE:** Relaxing

**SOUNDTRACK:** *Perfect Day* by Jim Jones

**BEST TIME TO GO:** July/August. The ocean is about 85 degrees and calm, lobster is in season and the blue marlin bite is decent.

**WHERE TO STAY:** Green Turtle Club Resort and Marina in Abaco or Staniel Cay Yacht Club in the Exuma Cays ([greenturtleclub.com](http://greenturtleclub.com), [stanielcay.com](http://stanielcay.com))

**BEST WAY TO START THE DAY:** Waking up to the beautiful sunrise and jumping off the back of the boat for a morning swim

**BEST BITE:** The conch at Green Turtle Club is excellent, whether it comes in the form of conch fritters, cracked conch or conch salad.

**UNWRITTEN RULE THE LOCALS LIVE BY:** Help each other, and be friendly.

**BEST SEAT IN TOWN:** On the gunwale of any boat or sitting at the end of a dock at sunset



**LOCAL DISH TO DREAM ABOUT:** Lobster you catch and boil 20 minutes later, soak in butter and wrap in a piece of fresh Bahamian bread

**BEST WAY TO SPEND A FREE MORNING:** Fishing, spear fishing or walking the beach

**GUILTY PLEASURE:** The conch salad and Pirate's Passion cocktail at Pineapples Bar and Grill in Abaco ([othershoreclub.com](http://othershoreclub.com))

**SHELL TO COLLECT:** Green limpet shells or queen conch shells

**FOR A SOLO EXPERIENCE:** Watch the sunrise or sunset.

**FAMILY ACTIVITY:** Snorkeling on the reefs, going to any of the blue holes or taking a diving trip through Brendal's Dive Center in Green Turtle Cay ([brendal.com](http://brendal.com))

**HOMETOWN GOOD TO SAMPLE AND STOCKPILE:** Bahamian bread

**SIGNATURE DRINK:** Bushwacker

**A MUST-DO EXPERIENCE NOT IN THE GUIDEBOOKS:** Take the time to chat with a local.